

# EVERYBODY OUTDOORS

GOLD RESOURCE



## I CHOOSE MY OWN JOURNEY

This is the stage of the journey where students choose which of the activities in the other resources that they would like to do thereby beginning to design their own learning opportunities and environments.

## BENEFITS OF THIS RESOURCE

Increasing elements of self directed learning into the daily life of those with Profound and Multiple Learning Disabilities is beneficial in three main ways:

1. It empowers the learners to take more charge of their learning journey and steer it in a direction that suits their learning style.
2. It enables learners to assume some responsibility for their learning and help them develop skills to help solve real life problems and develop areas of passion and interest to take into adulthood.
3. It encourages flexibility in the lives of those that very often live very structured and schedule driven lives. The activities encourage improved communication and interaction which in turn encourages flexibility and shared planning of learning experiences.

Use of the outdoor classroom can awaken natural learning processes in individuals. Projects such as 'The Natural Connections' from Nature England showed that children became happier, healthier and more motivated to learn when teachers were empowered to use the outdoors to support every day learning. Everyone benefits from time spent in inclusive outdoor settings.



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