

Amanda Couch – Anthotype Workshop The MERL

Saturday 16 October: Plant Emulsion Suggestions

Below is a list compiled from books, searching online and through personal experimentation, that has been documented as successful. This is not a complete list, but are some suggestions of what you could bring.

During the workshop we will experiment and use whatever you can pick from the garden, countryside or a florist or pick up from the market, greengrocers, or supermarket.

- blackberry
- elderberry
- Raspberry
- Strawberry
- tayberry
- redcurrent
- blackcurrants
- violets
- Wild/garden bergamot / bee balm
- red and pink daisies
- camelia, pink or red
- fuchsia
- geranium
- Nasturtium leaves and poss flowers
- bay laurel leaves
- beetroot
- crepe myrtle
- dandelion flower and/or leaf
- lavender flowers
- lilac
- bellflower

- comfrey leaves
- cyclamen flowers?
- calendula
- leaves of red cabbage
- broccoli
- chard
- dill
- hackberry / bird cherry
- sea beet
- nettles
- onion skins
- pansies
- rose
- spirulina
- spinach
- snapdragon
- weigela
- red wine

Please only bring plants, flowers, leaves, tubers that you can identify and are sure that they are not toxic.

Please read these links:

<https://www.alternativephotography.com/safety-first-plants-to-watch-when-making-anthotypes/>

<https://www.myweekly.co.uk/2018/05/23/10-plants-that-could-kill-you/>

PLEASE DO NOT BRING IN THE FOLLOWING PLANTS AS THEY ARE POISONOUS.

THIS LIST IS NOT EXHAUSTIVE. IF IN DOUBT PLEASE DO SOME RESEARCH OR DO NOT BRING



Amaryllis
Easter Lily
Stargazer Lily
Daffodil
Tulip
Lily of the Valley
Aloe Vera
Rhododendron and Azalea Anemone
Chrysanthemum
Oleander
Lily of the Valley
Castor Oil Plant
Foxglove
Daffodil
Tulips
Oleander
Desert Rose
Angel's Trumpet (Brugmansia)
Monkshood (Wolf's Bane)
Larkspur (Delphinium)
Poinsettia
Mountain Laurel

Bleeding Heart
Hydrangeas
Calla Lily
Baby's Breath
Naked Lady Lily (Amaryllis)
Iris
Water Hemlock
Morning Glory
Lantana
Clematis
Yarrow
Bloodroot
Marigold (Tagetes)
Peace Lily (Spathiphyllum)
Peruvian Lily
Rhododendron
Buttercup
Wisteria

Also please remember to bring:

- **Apron or overalls** to cover clothes
- **1 or 2 clean jam jars** to take away any leftover emulsions
- As doors will be propped open to allow for adequate ventilation, you may wish to bring **warm clothing**
- **Any paper or cotton fabrics** that you want to experiment with – papers should not be shiny – I will have paper but if you would like to experiment with something specific, then do bring this in.

Send black and white image/s as jpeg/s no bigger than A4 that Amanda can print as positive transparencies, if you would like one (not essential!), no later than end of Tuesday 12th October. Send to amandajcouch@gmail.com

