

Fun Friday Fledglings Craft

Foraged Art: Spirals and Stars

Where can you see the spirals and stars in nature?
Can you find these patterns in your garden?
Make some nature inspired land art with foraged flowers and leaves from your garden.
Please take care to identify the plants you are picking and that you do not have an allergic reaction to certain plants.

You will need:

Egg box, Twigs, Foraged Leaves* and Flowers*.

*always ask permission before picking plants.



Method

1. Collect some leaves and flowers in your egg box. Leave the flowers in full bloom for the butterflies, moths and other insects.
2. Clear a small space on a path or ground, start arranging your flowers and leaves into spirals and stars.
3. Be careful when arranging your patterns, as it might be windy!
4. The examples below use flower heads that have finished flowering, Chive flowers, Lavender, Rose petals and Honesty seed pods.



Foraged from a veg patch: Lemon balm, Clover leaves and Broccoli flowers.

Spiral: Twigs, Leaves, Chive and Broccoli flowers.

Arrange twigs in a spiral and fill with leaves and flowers.



Star: Lemon balm leaves, flowers & Honesty seed pods.

Start with leaves and lay flowers on top to form a star. Circle the star with leaves and seed pods.



Spiral: Clover leaves and flowers.

Begin with a flower spiral, fill in the gaps with yellow Broccoli flowers, add a line of Clover leaves, sprinkle with Chive flowers and place a Sweet William in the centre.



5. Have fun with foraged art creating nature's amazing patterns. Create them in your garden for your family to find and enjoy.



Here are some of the stars and spirals from nature, maybe you can find these in your garden or when you are out on a walk.

