

MERL LIBRARY BIBLIOGRAPHY SERIES

FOOD AND NUTRITION

Books and pamphlets

Barnett, Margaret, British food policy during the First World War. London, Allen & Unwin, 1985. 7060 BAR.

Bourne, Geoffrey, War-time food for mother and child. London, Oxford University Press, 1942. 7060 BOU.

Boyd-Orr, John, Food health and income: report on a survey of adequacy of diet in relation to income. London, Macmillan, 1936. 7060 ORR.

Brears, Peter, A taste of history: 10,000 years of food in Britain. London, English Heritage in association with British Museum Press, 1993. 7060 BRE.

- A collection of essays of food in history in the prehistoric, Roman, Medieval, Tudor, Georgian, and Victorian eras, and the twentieth century. Bibliography pp. 345-349.

British Medical Association, Board of Science and Education, Diet, nutrition and health. London, British Medical Association, 1986. OVERSIZE 7060 DIE

- Food trends, food consumption and health.

Burnett, John, Plenty and want: a social history of diet in England from 1815 to the present day. London, Scholar Press, 1979. 7060 BUR.

Chou, Marilyn and David P. Harmon, Critical food issues of the eighties. New York, Pergamon Press, 1979. 7060 CRI.

- Food supply, price inflation, changes in lifestyle and a world outlook.

Corbishley, Gill, Appetite for change: food and cooking in twentieth century Britain. [s.l.], English Heritage, 1993. PAMPHLET 7060 BOX 8/09

Curtis-Bennett, Noel, The food of the people: being the history of industrial feeding. London, Faber & Faber, 1949. 7060 CUR.

- The Middle Ages in the town and country, seventeenth and eighteenth centuries and wars and inter war periods. Bibliography pp. 305-308.

Drummond, J C, Anne Wilbraham and Dorothy Frances Hollingsworth, The Englishman's food: a history of five centuries of English diet. London, Readers Union, 1959. 7060 DRU.

- Food, meals, health, food-related diseases common to each century, preservation and the deterioration of the physique.

Dyer, Christopher C, Changes in diet in the late middle ages: the case of harvest workers. [s.l.], [s.n.], 1994. 7060 DYE.

Fenton, Alexander and Eszter Kisban (eds), Food in change: eating habits from the middle ages to the present day. Edinburgh, John Donald in Association with the National Museums of Scotland, 1986. 7060 FOO.

- A collection of essays divided into three sections; general surveys, national and regional examples and medieval fasting.

Fenton, Alexander, Order and disorder: the health implications of eating and drinking in the nineteenth and twentieth centuries. East Linton, Tuckwell Press in association with the European Ethnological Research Centre, Edinburgh, 2000. 7060 INT.

Great Britain. Ministry of Agriculture, Fisheries and Food, Manual of Nutrition. London, HMSO, 1985. 7060 GRE.

- Cooking and health. Recommended books can be found on p. 72.

Great Britain. Ministry of Agriculture, Fisheries and Food, Fifty years of the National Food Survey: 1940-1990: the proceedings of a symposium held in December 1990, London. London, HMSO, 1991. OVERSIZE 7060 SLA.

Great Britain. Ministry of Health, On the state of the public health during six years of war: report of the Chief Medical Officer of the Ministry of Health, 1939-45. London, HMSO, 1946. 7970 GRE.

Hampstead Artist's Council, The English at table: a visual history of eating: 1700-1970. Hampstead, The Ranelagh Press, 1970. PAMPHLET 7060 BOX 4/12

Johnston, James P, A hundred years eating: food, drink and the daily diet in Britain since the late nineteenth century. Dublin, Gill and Macmillan, 1977. 7060 JOH.

Lambert, Royston, Nutrition in Britain 1950-60: a critical discussion of the standards and findings of the National Food Survey. Welwyn Garden City, Codicote Press, 1964. PAMPHLET 7060 BOX 6/40

League of Nations. Economic Intelligence Service, Wartime rationing and consumption. Geneva, League of Nations, 1942. 7060 WAR.

Leeming, Margaret, A history of food: from manna to microwave. London, BBC Books, 1991. 7060 LEE.

- Covers the ancient world, Europe 1000-1600 A.D, the West 1750-1900 and the modern world.

Lovelock, John David, God speed the plough and the woman who drives it: an account of the Women's Land Army during the First World War. London, Polytechnic of Central London, 1983. OVERSIZE 8331 LOV.

Mars, Gerald and Valerie Mars, Food, culture & history. London, London Food Seminar, 1993. 7060 FOO.

Mason, Laura and Catherine Brown, Traditional foods of Britain: an inventory. Totnes, Prospect Books, 1999. 7060 MAS.

- Regional foods, bibliography pp. 387-394.

McCollum, Elmer Verner, A history of nutrition: the sequence of ideas in nutrition investigations. Boston, Mass, Houghton Mifflin Co., 1957. 7060 MCC.

Middleton, Cecil Henry, Digging for victory. London, Allen & Unwin, 1942. 4752 MID.

National Dairy Council, Diet and health: the fresh approach. London, National Dairy Council, 1985. 7060 NAT.

Oddy, Derek J, From plain fare to fusion food: British diet from the 1890s to the 1990s. Woodbridge, Boydell Press, 2003. 7060 ODD.

Oddy, Derek and Derek S. Miller, Diet and health in modern Britain. London, Croom Helm, 1985. 7060 DIE.

- A selection of essays looking into a variety of health-related dietary issues, including sanitation, prison diets in the nineteenth century, modern food technology and the demand for meat in the inter-war years.

Patten, Marguerite, Marguerite Patten's post-war kitchen: nostalgic food and facts from 1945-1954. London, Hamlyn, 1998. 7060 PAT.

- Examines the impact of rationing on the diet in each year from 1945 to 1954.

Philip, Alexander John, Rations, rationing and food control. London, Book World, 1918. 7060 PHI.

- A history of rationing from the First World War.

Powell, Bob and Nigel Westacott, The Women's Land Army. Stroud, Sutton Publishing, 1997. 8330 POW.

Rowett Research Institute, Family diet and health in pre-war Britain: a dietary and clinical survey. Dunfermline, Carnegie UK Trust, 1955. 7060 ROW.

Savage, William H, Food and the public health. London, Cassell, 1919. 7060 SAV.

- Food-related illnesses, use of chemicals in food and the properties of different food products.

Spencer, Colin, British food: an extraordinary thousand years of history. London, Grub Street, 2004. 7060 SPE.

- Examines the eating habits of the Anglo-Saxons, Normans, Tudors and Victorians. It also looks at the individual countries of the United Kingdom, the aristocracy and the Empire.

Walker, Harlan, Oxford Symposium on Food and Cookery, 1991: public eating: proceedings. London, Prospect, 1991. OVERSIZE 7060 OXF.

- Diets of children, teenagers and army soldiers, and the impact of poverty on diet.

Women's Land Army, Oxfordshire County Council, Back to the land: Women's Land Army. Huntington, York, Village, 1989. PAMPHLET 8330 BOX 1/05

Wood, T B, The national food supply in peace and war. Cambridge, At the University Press, 1917. PAMPHLET 7060 BOX 6/05

Woodesen, Alison, 'Going back to the land': rhetoric and reality in Women's Land Army memories. [s.l.], [s.n.], [1993]. PAMPHLET 8330 BOX 1/36

Zweiniger-Bargielowska, Ina, Rachel Duffett, Alain Drouard (eds), Food and war in twentieth century Europe. Farnham, Surrey : Ashgate, 2011. 7060 FOO

Journal and book articles

Aylward, Francis, 'Changes in the nation's diet - their effects on agricultural production [1800 - c. 1970]', *Agricultural progress: the journal of the Agricultural Education Association*, v 52, pp. 13-20. PER OPEN ACCESS

Burnett, John, 'Country diet', *The Victorian countryside*, v 2, pp. 554-565. London, Routledge & Kegan Paul, 1981. 2030 MIN.

Horn, Pamela, 'Women and girls on the land: 1914-1918', *Rural life in England in the First World War*, pp. 112-140. Dublin, Gill and Macmillan, 1984. 9210 HOR.

Hurt, John, 'Feeding the hungry schoolchild in the first half of the twentieth century', *Diet and health in modern Britain*, pp. 178-206. London, Croom Helm, 1985. 7060 DIE.

Mingay, G E, 'Farmworkers', *Rural life in Victorian England*, pp. 71-106. Gloucester, Alan Sutton, 1990. 9210 MIN.

- pp. 82-86 examine farmworkers' diets.

Oddy, Derek, 'A nutritional analysis of historical evidence: the working-class diet, 1880-1914', *The making of the modern British diet* pp. 214-231. London, Croom Helm, 1976. 7060 MAK.

Westall, Robert, 'Food', *Children of the Blitz: memories of wartime childhood*, pp. 149-160. Harmondsworth, Viking, 1985. 9210 WES.

Wyllie, D, 'Agriculture and the modern diet', *Journal of the Royal Agricultural Society of England*, v 146, pp. 19-25. PER OPEN ACCESS

Journals

Agricultural History Review. PER READING ROOM--AGR/HIS 1

Agricultural Progress: the journal of the Agricultural Education Association.
PER OPEN ACCESS

Dig for Victory leaflets. PER OPEN ACCESS--DIG

- Published by the Ministry of Agriculture, Fisheries and Food.

Food Research International. PERST (row 106) – by request

Journal of the Royal Agricultural Society of England. PER OPEN ACCESS

Landscape. PER OPEN ACCESS

Rural History: economy, society, culture. PER READING ROOM

Other references (not necessarily held in the MERL library, please check the library catalogue)

Barker, T C, 'Nineteenth century diet: some twentieth century questions', *Our changing fare: two hundred years of British food habits*, pp. 18-29. London, MacGibbon & Kee, 1966.

Buss, David H, 'The British diet since the end of food rationing', *Food, diet and economic change past and present* pp 121-132. Leicester, Leicester University Press, 1993.

Crawford, E M, 'Diet and the labouring classes in the nineteenth century', *Saothar, journal of the Irish labour history society*, v 15, pp. 87-96.

Nelson, Michael, 'Social trends in British diet 1860-1980', *Food, diet and economic change past and present* pp 101-120. Leicester, Leicester University Press, 1993.

Oddy, Derek J and John Burnett, 'British diet since industrialization: a bibliographical study', *European Food History*, pp. 19-44.

Oddy, Derek J, 'Formalizing relationships during the twentieth century: the roles of town and country in the British diet, 1860-1950', *The landscape of food: the food relationship of town and country in modern times*. Oxford, Berg, 2003.

Philpott, Jean, 'Workhouse diets. [c.1835]', *Wiltshire Folk Life*, no 12, pp. 10-14.

Spedding, C R W, 'Diet and agriculture', *RSA journal (Journal of the royal society of arts)*, v 136 no 5382, pp. 388-397.

Organic movement

Books and pamphlets

Conford, Philip, *The organic tradition: an anthology of writings on organic farming 1900-1950*. Bideford, Green Books, 1988. 3940 ORG.

Conford, Philip, *The origins of the organic movement*. Edinburgh, Floris Books, 2001. 3940 CON.

Great Britain. Ministry of Agriculture, Fisheries and Food, *Organic food: a guide from the Ministry of Agriculture, Fisheries and Food*. London, Foodsense, 1995. PAMPHLET--7060-BOX 4/32

Smith, N. Gerard, *Organic surface cultivation: its theory and practice*. London, Ward, Lock & Co., 1950. 4756 SMI.

Stonehouse, B, *Biological husbandry: a scientific approach to organic farming*. London, Butterworths, 1981. 3940 STO.

Journal and book articles

Burchardt, Jeremy, 'The organic movement before and during the Second World War', *Paradise Lost: rural idyll and social change since 1800* pp. 131-141. London, IB Tauris, 2002. 2030 BUR.

Wiseman, A J L, 'More organic manures?' *Arable management: 1980*, pp. 9-15. London, Northwood Books, 1980. 3970 ARA.

Conford, Philip, 'Finance versus farming: Rural reconstruction and economic reform, 1894-1955', *Rural History: economy, society, culture*, v 13 no 2, pp. 225-241. PER READING ROOM

Conford, Philip, 'The myth of neglect: responses to the early organic movement, 1930-1950', *Agricultural History Review*, 50, pp. 89-106. PER READING ROOM

Davis, B N K, 'Agricultural soil, a sideways look: organic farming', *The soil* pp. 169-171. London, HarperCollins, 1992. 3940 DAV.

Other references (not necessarily held in the MERL library, please check the library catalogue)

Blackburn, John Stead, *Organic husbandry: a symposium*. London, Biotechnic Press, 1949.

Matless, David, 'Bodies made of grass made of earth made of bodies: organicism, diet and national health in mid-twentieth century England', *Journal of historical geography*, v 27 no 3, pp. 355-376.

Maye, E Bruce, From vegetable waste to fertile soil. [s.l.], C Arthur Pearson, 1940.

Smallholders

Books and pamphlets

Burchardt, Jeremy, The allotment movement in England, 1793-1873. Woodbridge, Boydell Press, 2002. 2920 BUR.

Crouch, David and Colin Ward, The allotment, its landscape and culture. London, Faber, 1988. 2920 CRO.

Curtis, Charles Edward, A practical handbook upon agricultural tenancies for the use of landlords, their agents and tenants: together with the text of the Agricultural holdings Acts, 1908 (English and Scottish) and the Small holdings & allotments Acts, 1908. London, Crosby Lockwood & Son, 1910. 2920 CUR.

Garner, G F, The law of allotments. London, Shaw, 1953. 2890 GAR.

- Examines the history of allotments, allotment management, and the provision and acquisition of allotments.

Great Britain. Parliament. House of Commons, Select Committee on Small Holdings, Report from the Select Committee on Small Holdings, together with the proceedings of the committee, minutes of evidence ... London, Eyre & Spottiswoode, 1889. OVERSIZE 2920 GRE

Hayhurst, John, The smallholder encyclopaedia. London, C. Arthur Pearson, 1962. 3525 SMA.

Lawrence, Charles F, The Kingsway book of the allotment. London, Evans Brothers, [1918]. 2920 LAW.

Osborne, Victor, Digger's diary: tales from the allotment. London, Aurum Press, 2000. 2920 OSB.

Poole, Steve, The allotment chronicles: a social history of allotment gardening. Kettering, Silver Link, 2006. 2920 POO.

Sweeny, Sedley, The challenge of smallholding. Oxford, Oxford University Press, 1985. 3526 SWE.

Journal and book articles

Barnett, D C, 'Allotments and the problem of rural poverty', *Land, labour and population in the Industrial Revolution*, pp. 162-183. London, Edward Arnold, 1967. 2030 LAN.

Burchardt, Jeremy, 'Gardens, allotments and parks', *Paradise Lost: rural idyll and social change since 1800*, pp. 46-58. London, IB Tauris, 2002. 2030 BUR.

Burchardt, Jeremy, 'Rural social relations, 1830-50: opposition to allotments for labourers', *Agricultural history review*, v 45 no 2, pp. 165-175. PER READING ROOM

Crouch, David, 'British allotments: landscapes of ordinary people', *Landscape*, v 31 no 3, pp. 1-7. PER OPEN ACCESS

Morton, John Chalmers, 'The allotment system', *Journal of the Royal Agricultural Society of England*, v 20, pp. 92-101. PER OPEN ACCESS

Other references (not necessarily held in the MERL library, please check the library catalogue)

Bush, F A, *Gardens and allotments in war-time*. Bath, Mendip Press, 1943.

Layton C, *Small holdings for all*. London, John Gifford, 1942.

National Associations of Parish Councils, *Allotments*. London, National Council of Social Service, 1951.

Thorpe, H, 'The homely allotment: from rural dole to urban amenity: a neglected aspect of urban land use', *Geography*, v 60 no 3, pp. 169-183.

Self-sufficiency

Books and pamphlets

Allaby, Michael, *The survival handbook: self-sufficiency for everyone*. London, Macmillan, 1975. 3525 ALL.

Allaby, Michael with Colin Trudge, *Home farm: complete food self-sufficiency*. London, Macmillan, 1977. 3526 ALL.

Asher, Percy H, *National self-sufficiency*. London, Nelson, 1938. 6300 ASH.

Mairet, Philip, 'Self-sufficiency', in *The natural order: essays in the return to husbandry*, pp.53-65. London, J.M. Dent & Sons, 1945. 3290 NAT.

Heiney, Paul, *Home farm: a practical guide to the good life*. London, Dorland Kindersley, 1998. 3526 HEI.

Seymour, John, *The complete book of self-sufficiency*. London, Faber & Faber, 1976. 3526 SEY.

Seymour, John, *The fat of the land*. London, Faber, 1961. 3525 SEY.

Seymour, John, Getting it together. London, Michael Joseph, 1980. 3526 SEY.

- A guide to self-sufficiency including information on eco-houses.

Seymour, John and Sally, Self-sufficiency: the science and art of producing and preserving your own food. London, Faber & Faber, 1973. 3525 SEY.

Sykes, Frank, Living from the land: a guide to farm management. London, Geoffrey Bles, 1957. 3525 SYK.

Sustainability

Books and pamphlets

Body, Richard, Our food, our land: why contemporary farming practices must change. London, Rider, 1991. 2860 BOD.

Bonham-Carter, Victor, The survival of the English countryside. London, Hodder & Stoughton, 1971. 2860 BON.

Brimblecomb, Peter and Christian Pfister (eds), The silent countdown: essays in European environmental history. London, Springer, 1990. 2860 SIL.

Cherry, Gordon E and Alan W Rogers, Rural change and planning: England and Wales in the twentieth century. London, Spon, 1996. 2860 CHE.

Christian, Garth, Tomorrow's countryside: the road to the seventies. London, John Murray, 1966. 2860 CHR.

Clapp, B W, An environmental history of Britain: since the Industrial Revolution. London, Longman, 1994. 2860 CLA.

- Pollution, land loss, energy and recycling.

Hawkes, J G, Conservation and agriculture. London, Duckworth, 1978. 2860 CON.

Massachusetts Institute of Technology, Man's impact on the global environment: assessment and recommendations for action. Cambridge, Mass, MIT Press, 1970. 2860 STU.

Open University. The changing countryside. London, Croom Helm in association with the Open University, 1985. 2860 CHA.

- Sustaining rural communities, conservation and containing settlements.

Pretty, Jules N, Regenerating agriculture: policies and practice for sustainability and self-reliance. London, Earthscan, 1995. 2000 PRE.

Pretty, Jules N, Sustainable agriculture in Britain: recent achievements and new policy challenges. London, Sustainable Agriculture Programme of the IIED, 1993. OVERSIZE 3940 PRE

Turner, R Kerry, Sustainable environmental economics and management: principles and practice. London, Belhaven Press, 1993. 2860 SUS.

Warren, Andrew and F B Goldsmith (eds), Conservation in perspective. Chichester, Wiley, 1983. 2860 CON.

Journal and book articles

Harvey, Graham, 'A famine at the heart of the feast', *The killing of the countryside* pp. 121-140. London, Jonathan Cape, 1997. 2860 HAR.

Lucas, Jack, 'Agricultural pollution of food', *Our polluted food: a survey of the risks*, pp. 36-105. London, Charles Knight & Co., 1975. 2860 LUC.

Markandya, A, 'Criteria for sustainable agricultural development', *The Earthscan reader in environmental economics*, pp. 289-294. London, Earthscan, 1992. 2860 EAR.

Soper, Michael Henry Ray and E S Carter, 'Pressures on the land', *Farming and the countryside*, pp. 1-23. Ipswich, Farming Press, 1991. 2860 SOP.

Other references (not necessarily held in the MERL library, please check the library catalogue)

Adger, W, 'Nature and reproducible capital and the sustainability of land use in the U.K.', *Agricultural Economics*, v 47, pp. 50-65.

Beckett, John, Michael Turner and Bethanie Afton, 'Agricultural sustainability and open-field farming in England, c.1650-1830', *International Journal of Agricultural Sustainability*, 1 no 2, pp. 124-140.

Otzen, Uwe, 'Reflections on the principles of sustainable agricultural development', *Environmental conservation*, v 20, no 4, pp. 310-316.

Rees, W E, 'The ecology of sustainable development', *Ecologist*, v 20 no 1.