

Fun Friday Fledglings Craft Fun with Sun and Shadows

Firstly, stay safe from the sun, when you are outside wear a sun hat and do not look straight into the sun.

Create interesting shadows from different plants in the garden, watch the shadows appear with the sun.

Please take care to identify the plants you are picking and that you do not have an allergic reaction to certain plants.



You will need:

- One egg box
- Cardboard about A3 size
- Foraged plants*
- A4 paper
- Pencil/colouring pencils
- 4 pebbles.
- Scissors



Method

- 1. Collect materials for creating your shadow picture, in the activity some plants from the garden have been used.
- 2. Prepare the egg box lid with some holes. With the box lid closed, use the point of a pencil to punch some small holes into the top of the lid.
- 3. On a flat surface on the ground or path, set out the cardboard and then lay two sheets of A4 paper slightly overlapping each other and then place a pebble on the corners to stop the paper from flying away in the wind.





^{*}always ask permission before picking plants.

- 4. Trim the stalks of plants to different heights with the scissors.
- 5. When you are ready to set up the activity, make a note where the sun is, and place the egg box between the sun and the paper.



6. Start placing the stalks of the plants into the holes in the egg box, if it is sunny, you can immediately see the shadows appear on the paper. Try different positions on the box see where the shadows fall on the paper.





7. Colour in the shadows before the sun goes behind a cloud.
Have a fun time making colourful shadows. Create different shadow pictures to send to friends and families. Remember to stay safe from the sun. Happy Summer Solstice this weekend.



